Meeting Date and Time: Tuesday, June 28, 2022 12:30PM - 1:30PM

**Meeting Location:** This meeting was via Microsoft Teams

Members Present: Jon Murad, Justin Stedman, Wilda White, Roger Marcoux, Tom Mozzer

Members Absent: Steve Coote Others in Attendance: Lindsay Thivierge, Chris Brickell, Ken Hawkins,

Michael Harper, Greg Davis

Call to Order 2:08 PM

## Approval of prior meeting minutes

Meeting minutes from 6/14/22 will push to next meeting due to no quorum.

**Academy Physical Fitness Presentation from Texas DPS**— Working Group members met with representatives from Texas DPS Fitness program to ask questions about their PT requirements.

Staff from the Academy gave an overview of what they are seeing with the current PT standard that was put into place (2000 meter row). Recruits have a lowered stamina which creates more time for staff to remediate but it is creating a divide within the capabilities of the recruits and taking more resources. A summary was given by staff of the current Academy PT program. Minimum requirements are 40% at the 2000 meter row and not seeing high attrition in the program. As a baseline they are scoring on entry with the Cooper and gauging their level of fitness throughout the program using the Cooper fitness standards to compare with previous classes.

Representatives Harper and Davis gave a summary of how the Texas DPS physical fitness model was created and adjusted over time as data was collected. The Academy in Texas is 28 weeks with very large class sizes (160) PT is only done in the morning five days a week. Texas uses the 1.5 mile run and 500 meter row and the scores are averaged. The minimum average in Texas is 70% and must continue to meet minimum standard. Attrition rate is over 90%.

Discussion between working group members, staff, and Texas DPS-

Texas DPS—staff should be seeing higher attrition and may need to adjust PT program. If there is running in the program there needs to be running in the test. Entry percentile should be based on the Vermont demographic and not a randomized percentage or Texas percentage. It should be continuously adjusted and monitored for changes.

Next agenda item – Continue discussion around PT, Entrance Testing PT, and Texas DPS standards—take a

vote on next steps.

**General Discussion**—Summary of what was presented should go out to VACOP.

Motion to adjourn Wilda White, second Roger Marcoux, all in favor. Meeting adjourned at 3:54 PM